



**CASTLEMAINE**  
UNIVERSITY OF THE THIRD AGE

U3A Castlemaine Inc. Reg. No A0017409G

**Established 1988**

Encompassing the Shire of Mount Alexander and nearby communities

*Ageless Learning Begins with U3A*

# COURSE PROSPECTUS

## 2019



**Market Building, Castlemaine**

Photographer: Andy Idrans

U3A Castlemaine Photography and Digital Imaging Group

- Keep your prospectus for reference throughout the year.
- Pass it on to a friend or family member
- Dispose of thoughtfully – recycle!



**2019 is a Castlemaine State Festival Year**

## Extreme Heat Policy 'In a Nutshell'

All U3A Castlemaine activities (includes Enrolment days, classes, office attendance, administrative meetings, excursions and coffee mornings) must be cancelled when the forecast temperature for **CASTLEMAINE** is:

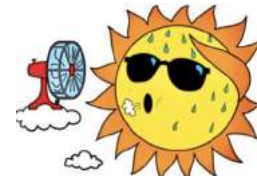
- ◊ 38° or higher at 8pm the night before
- ◊ on a day of extreme or greater fire danger, regardless of the temperature
- The U3A Castlemaine website has a link to the weather forecast and to the Policy. <http://www.u3acastlemaine.com>
- Predicted temperatures for Castlemaine are broadcast on local ABC radio FM 91.1 every morning following the news. It is also available on the Bureau of Meteorology website <http://www.bom.gov.au/vic/forecasts/map7day.shtml>

### Heat kills more Australians than any natural disaster

Activities are cancelled automatically, without any need for Course Leaders to contact the members in their group.

The point of the 'automatic' policy is that:

- ◊ no individual decisions need to be made
- ◊ no one needs to out-guess the forecasters
- ◊ or decide when 'the change' might be coming, and so on



The policy is designed to ensure safety not only during the activity, but also travelling to a venue and back – therefore the presence of air conditioning at the venue is irrelevant.

### Why are we so concerned about extreme heat?

Heat kills more Australians than any natural disaster.

The most common causes of death during extreme heat are related to cardiac conditions; asthma and other respiratory illness; kidney disease; diabetes; nervous system diseases; and cancer. Although heat-related illnesses such as heat cramps, heat exhaustion and heat stroke may occur in hot weather, other conditions are seen to occur far more commonly, such as exacerbation of medical conditions as above, confusion, muscle weakness, unsteadiness and falls due to dehydration and gastroenteritis, mostly due to poor food handling.

- People aged 65 years and over are at increased risk of heat-related illnesses and need special care in hot weather.
- Risk factors include living alone, chronic medical problems and certain drugs.
- Take steps to prevent heat stress on days when the temperature is predicted to rise above 30°C or so:
  - Drink plenty of water;
  - Reduce caffeine and alcohol – caffeinated and alcohol drinks have a mild diuretic action. Limit tea, coffee and alcohol in hot weather.
  - Stay cool – draw your blinds and curtains, turn on your air conditioner and set it to 'cool'. If you do not have an air conditioner, try cool showers or use wet towels and sit in front of an electric fan.

For more information visit the Better Health Channel [www.betterhealth.vic.gov.au](http://www.betterhealth.vic.gov.au)

**Call NURSE - ON - CALL on 1300 60 60 24 for 24 hour health advice  
or see your doctor if you are unwell. In an emergency call 000.**

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**As is our custom no classes will be held during the  
Castlemaine State Festival, 22<sup>nd</sup> to 31st March**

***But wait...there's more!***

Other short courses may be added later in the year. Watch out for information in our *Third Thoughts* newsletter, and the Notice Board on our website – [www.u3acastlemaine.com](http://www.u3acastlemaine.com).

**Private homes**

Where a course venue is the home of the course leader, you will be contacted by the course leader with the address. If you do not hear from the course leader or course representative before the course begins, please contact them, or the Course Coordinator.

**Explanation of frequency by week**

Weekly = every week

1<sup>st</sup> and 3<sup>rd</sup> Weeks = the first and third weeks of the month  
2<sup>nd</sup> and 4<sup>th</sup> Weeks = the second and fourth weeks of the month

1<sup>st</sup>, 2<sup>nd</sup>, 4<sup>th</sup>, and 5<sup>th</sup> Week – the first, second, fourth and fifth weeks of the month.

Classes are not held on the first Friday morning of the month due to our regular Coffee Morning.

## La Trobe University Lectures

U3A Castlemaine members are invited to sit in on lecture series at La Trobe University at Bendigo. That adds dozens of extra subjects to those we have in U3A Castlemaine.

If you add La Trobe to your MyU3A selection, you will be sent a list of recommended subjects to choose from as soon as they are available. You are sure to find a stimulating course to suit you: history, literature, planning, law, environmental studies – plenty to choose from. Most subjects have a one- or two-hour lecture each week for 12 weeks. Semester one at La Trobe doesn't start until the beginning of March, so you don't have to commit yourself until the middle of February (semester one) or the middle of July (semester two).

You may only attend lectures, not tutorials, field visits or practicals – and of course you don't have to do assessed work. This means you can just listen and do as much, or as little, of the recommended reading as you feel like. There are many courses which make no assumptions about your previous knowledge, or for which your life experiences are preparation enough. And if you went to university in the past, this is a great way to pick up something new, or to see what's changed.

There is more information on our U3A Castlemaine website:

<http://www.u3acastlemaine.com/latrobe.html>

**Monday to Friday** 9am-3pm weekly

**Course Leader:** Bridget Leach 5472 4754; 0434 971 451

**Venue:** La Trobe University Bendigo

## Art and Design

### Art Workshop

**ALL YEAR**

A weekly meeting of those developing and practising their art-making within a group workshop setting. Participants will decide on areas of focus, share expertise with each other and pursue areas of interest. The course includes inviting guest teachers and visits to galleries/exhibitions.

The only prerequisite is a desire to create art, with an interest in any area of art. Members are expected to share knowledge with others.

**Monday** weekly 10:30am-2:30pm 4 February-16 December

**Course Leader:** Barbara Guerin 5472 1994

**Venue:** Leisterville Hall, William Street Castlemaine

The U3A Castlemaine Constitution requires that a **Register of Members** be kept. To ensure that our records are always up to date members must complete a Membership Application annually. The Membership Officer is responsible for the Register of Members. Our commitment to Privacy Principles ensures that members' personal details are not given to any outside bodies or persons unless required by law.

Please make sure that your details are always up to date – email address, phone numbers, postal address, and emergency contact name and contact number.

# History

See also Latrobe University Courses

## **Aboriginal History: Our Shared History**

**ALL YEAR**

We monitor current events and investigate the background to them. As well, we focus on the lesser-known aspects of our shared history and show the impacts of colonisation on the lives of Aboriginal people. We listen to Aboriginal voices through extensive use of video and audio material, hear an occasional visitor / expert and /or visit a museum or gallery.

Members are invited to join in discussion, bring a folder and take any notes they wish to keep.

**Tuesdays** 10am-12noon 1<sup>st</sup> and 3<sup>rd</sup> weeks 5 February-17 December

**Course Leader:** Vic Say 5472 1841

**Venue:** Uniting Church Manse Room 1, Lyttleton Street Castlemaine

## **Allies and Foes**

**SHORT COURSE**

The aim of this course is to give an overview of the government of the countries, and the style of leadership, given by each of the following: Robert Menzies; Winston Churchill, Josef Stalin, Charles De Gaulle, Pope Pius XII, Adolf Hitler, Benito Mussolini, Adolf Hitler; Emperor Hirohito and Franklin Roosevelt; in the period leading up to World War II and throughout the course of the War.

Members attending the class will be asked to provide the biographical details of each of these wartime leaders.

**Thursday** 2pm-3.30pm 2<sup>nd</sup> and 4<sup>th</sup> weeks 14 March to 1 August

**Course Leader:** Tom Comerford 5470 6230

**Venue:** Uniting Church Fellowship Room, Lyttleton Street Castlemaine

## **Australian History**

**ALL YEAR**

The only requirement for this course is for you to bring to the meetings a respect and enthusiasm for any part of Australia's history as well as the willingness to participate in discussion of that day's topic. Oh, and perhaps do some research on a talk that you'd like to present to the group, be it recent events, people or places relating to Australia's history.

**Thursday** 1.30-3.30pm 1<sup>st</sup> and 3<sup>rd</sup> weeks 7 February to 19 December

**Course Leader:** Barbara Bunton 5472 3186

**Venue:** Uniting Church Manse Room 2, Lyttleton Street Castlemaine

## **Medieval France**

**SHORT COURSE**

This course will focus on life in Medieval times using France as the exemplar. Topics to be covered will include Art, Fashion, Music, Housing, Trade, Law, Government, Transport and Religion.

Participants will be asked to do some research related to the Medieval Kings of France and present the findings to the group.

**Wednesday** 2pm-3pm 1<sup>st</sup> and 3<sup>rd</sup> weeks 17 July to 18 December

**Course Leader:** Tom Comerford 5470 6230

**Venue:** Uniting Church Fellowship Room, Lyttleton Street Castlemaine

### **Reigning Empresses' of the Nineteenth Century**    *NEW*                      **SHORT COURSE**

This course will feature Empress Carlotta of Mexico, Empress Eugenie of France, Empress Elizabeth of Austria, Empress Alexandra of Russia, Empress Cixi of China and Empress Victoria of India.

**Tuesday** 2pm-3.30pm weekly 5 March to 16 April

**Course Leader:** Tom Comerford 5470 6230

**Venue:** Uniting Church Toy Library, Lyttleton Street Castlemaine

### **The Aberfan Disaster 1966, South Wales**                      *NEW*                      **SHORT COURSE**

This course examines the Aberfan Disaster of 1966, the catastrophic collapse of colliery waste onto a Welsh mining village, which resulted in 144 deaths (including those of 109 primary school children).

We will analyse the event itself, the circumstances which led to it, and the role of the National Coal Board both before and after the disaster. We will also examine the role and career of Lord Robens, Chairman of the Board, and address the findings of the Aberfan Disaster Tribunal. Over half a century later, we will return to Aberfan to measure the impact of the disaster on the village. No prerequisites.

**Friday** 1pm-2.30pm weekly 17 May to 14 June

**Course Leader:** Genevieve Rogers 0412 536 004

**Venue:** Uniting Church Manse Room 1 Castlemaine

### **The Causes of World War I and Australia's role in it**                      **SHORT COURSE**

This course will make a detailed examination of the reasons why the world went to war in 1914. All the background reasons will be examined in detail to try to answer this question. We will then move on to look at Australia's involvement in the war. We will be focusing on the following areas: Gallipoli, Palestine, the Western Front, (Poizieres, Fromelles, Villers-Bretonneux, and others).

This course is open to anyone. You are welcome if you already have some knowledge of these times from education or personal reading and feel you can contribute to the discussion, or even if you feel you know very little, but would like to learn more. The only prerequisite is an interest in early twentieth century Australian history.

**Thursday** 10am-11.30am weekly 6 June to 11 July

**Course Leader:** David Boucher 5472 5410; 0466 262 376

**Venue:** Uniting Church Fellowship Room, Lyttleton Street Castlemaine

#### **Respecting Course Leaders**

- ✓ Appreciate the time and effort that goes into researching and preparing a subject for presentation.
- ✓ When choosing your courses for enrolment carefully consider the time **you** have available for attending classes, and what really interests you.
- ✓ Avoid selecting a whole host of courses to 'taste' so you can decide which to attend permanently. It may seem a reasonable thing to do, but with 500plus members it is not practicable for us. Being 'choosy' will assist with keeping Waiting Lists short or non-existent.
- ✓ Always inform the course leader if you are unable to attend a class, or will be away for a longer period.



## **The Coming to Power of Hitler and the Nazis**

**SHORT COURSE**

This course will focus on the reasons why the modern civilised nation of Germany turned to such an extreme party as the National Socialists (Nazis) and its leader, Adolf Hitler, in the 1930s. We will look at World War I, the Versailles Treaty, the Weimar republic, the 1930s depression, Hitler's background and personality, the hatred of the Jews and the rise of the party to see if we can find an answer to this question. (We do not go into World War II in detail.) The course is open to anyone. You are welcome if you already have some knowledge of these times from education or personal reading and feel you can contribute to the discussion, or even if you feel you know very little of these times but would like to learn more. The only prerequisite is an interest in early twentieth century history. All members are expected to join in the discussion.

**Thursday** 2pm-3:30pm weekly 29 August to 19 September

**Course Leader:** David Boucher 5472 5410

**Venue:** Uniting Church Fellowship Room, Lyttleton Street Castlemaine

## **The Russian Revolution**

**SHORT COURSE**

This course looks at the Russian Revolution from 1900 to 1924. We begin by examining Russia under the Tzars, particularly Tzar Nicholas II. This will be followed by a study of the revolutionary forces putting pressure on the Tzar leading to the 1905 Revolution. Next, we will look at the events between 1905 and 1917 and then a detailed examination at the two revolutions of 1917. If time permits we will finally talk about the early years of the Bolsheviks in power.

This course is open to anyone with an interest in Twentieth Century history. You are welcome if you already have some knowledge of these times from education or personal reading and feel you can contribute to the discussion, or even if you feel you know very little of these times, but would like to learn more. The only prerequisite is an inquiring mind and a willingness to ask and try to answer question.

**Wednesday** 10am-12noon 3<sup>rd</sup> week 17 July to 21 August

**Course Leader:** David Boucher 5472 5410; 0466 262 376

**Venue:** Uniting Church Fellowship Room, Lyttleton Street Castlemaine

# **Humanities and Literature**

**See also LaTrobe University Courses**

## **Book Reading Group**

**NEW**

**ALL YEAR**

Members will decide on the reading list at the beginning of the year and will be expected to share ideas and opinions with colleagues. An enjoyment of reading is the only prerequisite. This is a new group and is open to anyone who has not previously been enrolled in a U3A Castlemaine book group. This course will be facilitated by the course leader, and participants may be expected to share some organisational aspects of this course, eg picking up and delivery of books to the library.

**Tuesday** 10am-11.30am 5 February to 3 December

**Course Leader:** Sue Tomkinson 0411 806 339

**Venue:** Tomkinson home Campbells Creek

## English Literature

ALL YEAR

The course this year will continue to read fiction books of the twentieth century. One book per month will be discussed. The course will cover novels written by Australian authors, mostly from the twentieth century. Authors will include Henry Handel Richardson, Eleanor Dark, Patrick White, Katherine Susannah Pritchard, Xavier Herbert, Barbara Baynton, Christina Stead and Alexis Wright. It will be held once a month and conducted like a book group with lots of discussion and exchange of ideas.

**Friday** 10am-12noon 2<sup>nd</sup> week 8 February to 13 December

**Course Leader:** Denise Jepson 5473 4470

**Venue:** Uniting Church Manse Room 3, Lyttleton Street Castlemaine

## Nature to Society: Goethe & Steiner's Vision

NEW

SHORT COURSE

This course discusses the artistic science of Johann Wolfgang von Goethe and Rudolf Steiner's social vision. Developing imaginative thinking.

It has three units: Nature, Society and Self. In Nature we study colours, plant and animal form and human physiology according to Goethean science. This leads to a study of threefold social organism as conceived by Rudolf Steiner. Using the same imaginative way of thinking we then study the evolution of Western civilisation - archaic culture, ancient India, Mesopotamia and Egypt, Greece and Rome to modern times.

**Monday** 10am-12noon First Part 4 February to 17 June

Second Part 16 September to 16 December

**Course Leader:** Nigel Hoffman 0451 821 461

**Venue:** Uniting Church Chapel, Lyttleton Street Castlemaine

## Non-Book Club, The

ALL YEAR

The Non-Book Club is a social and literary group who share an interest in reading and discussing a diverse range of essays, letters, poems and short stories. The group will meet once a month to discuss a chosen text, with a view to opening a wider discussion that the work may trigger. The only requirement is an inquiring mind and an openness to the views of others.

**Thursdays** 3pm-4:30pm 3<sup>rd</sup> week 18 April to 19 December

**Course Leader:** Win Jodell 5472 3792 0423 423 247

**Venue:** Jodell home Castlemaine

## Events and excursions

U3A Castlemaine has an Events Working Group who not only organise speakers for our monthly coffee mornings, but excursions and other activities throughout the year. For example, in 2018 there was a 'behind the scenes' tour of Flemington Race Course, *MoMA at NGV: 130 years of modern & contemporary art*, *Mostly Mozart* at Recital Centre, Elmore Field Day, Public Mosaic Art Tour of Melbourne led by local artist Helen Bodycomb.

Events are publicised in our *Third Thoughts* newsletter well in advance, and on the Noticeboard section of our website - [www.u3acastlemaine.com](http://www.u3acastlemaine.com)

## **Play Watchers**

**ALL YEAR**

The Play Watchers group is for lovers of theatre. We share information about forthcoming performances in the local area, and go together when we can, car sharing if we need to. Sometimes members arrange to go together to Melbourne, but our focus is to support our great local theatre companies, the theatres in Macedon and Kyneton, and the touring companies that come to Bendigo and Castlemaine. We meet once a month for lively critical discussions of the plays we have seen.

**Tuesday** 4pm-5:30pm 3rd week 19 February to 17 December

**Course Leaders:** Win Jodell 5472 3792; 0423 423 247 / Bridget Leach 5472 4754; 0434 971 451

**Venue:** Jodell home, Castlemaine

## **Understanding Hoarding Behaviours**

**NEW**

**SHORT COURSE**

This short course will assist people to understand the complexities of hoarding behaviours and how they differ from collecting and cluttering. It is designed for those interested in how hoarding behaviours develop and manifest in the home, in families and in the community. Attention will be given to the difficulties of coping and managing extreme hoarding behaviours, including the hoarding of objects and animals. Using case studies and information that attendees might be happy to share with the group, the course will include opportunities for discussion, but will not take a therapeutic approach. The teaching style will include the presentation of information, together with some activities to highlight aspects of hoarding.

**Thursday** 10am-12noon 3<sup>rd</sup> week 1 August to 22 August

**Course Leader:** Jennifer Lehmann 0409 500 406; 03 5470 5876

**Venue:** Uniting Church Manse Room 1, Lyttleton Street Castlemaine

## **Who wrote Shakespeare? The Shakespeare Authorship**

**NEW**

**SHORT COURSE**

This course will briefly look at the vast body of work and the life of William Shakespeare to consider the possibility and probability of this connection. We shall also consider other likely candidates for authorship and attempt to find an answer.

Members should have an interest in Shakespeare's work, an open mind and a willingness to share ideas and opinions.

**Thursday** 1.30pm-3pm 1<sup>st</sup> week 7 February to 14 March

**Course Leader:** Vivienne Robertson 5470 6499

**Venue:** Robertson Residence

## **Finances**

U3A Castlemaine finances its operation through members' subscriptions, donations, Government grants and informal fundraising activities. From time to time grants are obtained from various sources in response to applications for a specific purpose.



# Ideas and Opinions

## **Economics of Hope - search for authentic prosperity** **NEW** **SHORT COURSE**

This course will be held over two five week cycles, the first beginning in April and the second in October. The first five weeks examines the Status Quo of prosperity: -

The Limits of Growth; The Climate in the Anthropocene; The Evolving Employment Trinity; Global and Domestic Inequality, and The Influence of Religion, Science and Technology.

The second five weeks discusses the path Toward Authentic Prosperity: -

The Meaning of Authentic Prosperity in the Anthropocene; Signs of new Economics; Renewal of Government and A Possible Matrix- from sacred to economics.

Class participation/discussion is encouraged and no formal preparation is required. Notes for discussion will be drawn from five international authors on prosperity and climate change. Edward de Bono's PMI model (positive, minus, interesting) will be a framework to facilitate discussion.

**Tuesdays** 1.30-3.30pm weekly 23 April to 21 May and 15 October to 19 November

**Course Leader:** Brian Sertori 0457 184 467

**Venue:** Uniting Church Manse Room 1, Lyttleton Street Castlemaine

## **Exploring the Third Age** **NEW** **ALL YEAR**

The class meets over a coffee/tea to reflect on and discuss the challenges and opportunities of the Third Age. The Nine issues of concern identified in the conversation starter resource *The Third Act* will be used to initiate discussion. These include Know How, Relationships, Change, Meaning, Doing Things, Well Being, Health, Security and Independence.

**Thursday** 1:30pm-3pm 3<sup>rd</sup> week 21 February to 19 December

**Course Leader:** Rex Odgers - Enquiries: u3acastlemaine@gmail.com

**Venue:** Various Castlemaine

## **Peace Education Program** **SHORT COURSE**

The Peace Education Program (PEP) is a 10-week DVD-based program focusing on developing inner resources (with themes like hope, appreciation, self-awareness), and sharing reflections with participants. The content of each theme is based on excerpts from Prem Rawat's international talks, and the program is sponsored by The Prem Rawat Foundation (TPRF). It is non-religious and non-sectarian.

There are no charges for this course and no prior knowledge or skills are required.

Participants are encouraged to attend all 10 sessions, as it is not possible to repeat sessions.

**Friday** 10am-11am 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> weeks 26 April to 14 June

(NB: The course is not held on the first Friday due to the Coffee Morning)

**Course Leaders:** Charlie Steel 5470 6410; 0408 412 663 / Pam Oakley 5470 6410

**Venue:** Uniting Church Manse Room 1, Lyttleton Street Castlemaine



## **Peace Education Program 2**

**SHORT COURSE**

Description as Peace Program, page 12.

There are no charges for this course and no prior knowledge or skills are required.

Participants are encouraged to attend all 10 sessions, as it is not possible to repeat sessions.

**Fridays** 10am-11am 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> weeks 11 October to 22 November

(NB: The course is not held on the first Friday due to the Coffee Morning)

**Course Leader:** Charlie Steel 5470 6410; 0408 412 663

**Venue:** Uniting Church Manse Room 1, Lyttleton Street Castlemaine

## **Understanding Education**

**NEW**

**SHORT COURSE**

We have all been to school and some to tertiary, so we are all educated ... or are we?

Perhaps what went on in these institutions was really something else say, maybe, training.

There is something peculiar going on in school. For example, we put great store in democracy so naturally children learn about this as part of their education. O.K! Wait a minute. They are learning about democracy in a setting, which is itself a classic bureaucracy!

Furthermore, almost all that goes on in school to learn about life is done by images and symbols extracted, and inevitably distorted. (Viva Montessori!). What about the big picture and the many problems in society? Education as it is, is impotent in the face of these issues.

The approach to understanding education taken here is: education as it was, education as it is, and education as it isn't. These themes are not carved in stone for the three sessions.

There will be adequate opportunity for input from participants.

**Wednesday** 10am-11.30am weekly 24 April to 8 May

**Course Leader:** David Allan 0458 350 734

**Venue:** Uniting Church Manse Room 1, Lyttleton Street Castlemaine

## **Visions of Utopia**

**NEW**

**SHORT COURSE**

Humans have always carried a utopia inside them - hopes of happiness and visions of a better world. These sessions offer a quick overview of utopianism in theory and practice: a survey of utopian (and some dystopian) literature, from Plato's Republic to contemporary fiction; a review of utopianism in action, from eco-communes to religious communities, from garden cities to socialist states.

People are welcome to bring along examples of their own readings and experiences.

**Wednesday** 10am-12noon 30 October to 20 November

**Course Leader:** Wilfrid Savage 5442 1437

**Venue:** Uniting Church Manse Room 1, Lyttleton Street Castlemaine

### **Insurance Cover for U3A Castlemaine Members**

The Committee of Management advises that members are covered by Public Liability for all U3A activities. However, members are not covered by personal accident insurance.

Public Liability insurance covers U3A Castlemaine as an organisation for any claim made against it in the case of an accident at one of our activities.

Personal accident insurance covers the individual for any harm or injury received while participating in an activity. Only Course leaders are covered for personal accidents.

# Languages

## French II Monday

**ALL YEAR**

This is a course for those who already have some knowledge of French and who wish to develop their ability to read, write and speak the French language. A basic knowledge of French grammar is essential. Members are expected to participate in class activities and complete a little homework each week.

**The class is run on Monday and repeated on Wednesday, ie two separate courses.**

**Monday** 9:30am-10:30am weekly 4 February to 16 December

**Course Leader:** Sue Greed 0407 681 807

**Venue:** Uniting Church Toy Library, Lyttleton Street Castlemaine

## French II Wednesday

**ALL YEAR**

This is a course for those who already have some knowledge of French and who wish to develop their ability to read, write and speak the French language. A basic knowledge of French grammar is essential. Members are expected to participate in class activities and complete a little homework each week.

**The class is run on Monday and repeated on Wednesday, ie two separate courses.**

**Wednesday** 9.30am-10.30am weekly 6 February to 18 December

**Course Leader:** Sue Greed 0407 681 807

**Venue:** Uniting Church Manse Room 3, Lyttleton Street Castlemaine

## French Literature

**ALL YEAR**

This friendly group reads and translates a current French book, experienced speakers are keen to help others learn.

**Mondays** 2pm-3:30pm 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> weeks 4 February-16 December

**Course Leader:** David Bailie 0428 824 107

**Venue:** Uniting Church Manse 1, Lyttleton Street Castlemaine

## Beginners' Italian

**NEW**

**ALL YEAR**

This is a course for *absolute beginners*. No prior knowledge of the language is required. Students will be asked to purchase a book. Verbal and written exercises will be given and all are expected to participate. A small amount of homework will be given each week. The emphasis is on learning and having fun.

**This course has a minimum of six members.**

**Mondays** 11am-12noon weekly 4 February to 16 December

**Course Leader:** Lynda Prest, 5472 1973; 0437 747 724 4/2

**Venue:** Uniting Church Manse Room 1, Lyttleton Street Castlemaine

### Venue changes

Please be aware that a venue may be changed depending on enrolment numbers.

### **Italian Level 1.5**

**ALL YEAR**

This course continues from the basics that were covered in Italian 1 last year. We continue with Mazzone's *Italian Made Simple* textbook. As well as grammar, we will focus on developing conversational skills. Students will have homework to do and should feel free to make mistakes in conversation.

**Friday** 10am-11am 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> week 8 February to 13 December

**Course Leader:** Joseph Scoglio 5472 2396; 0425 801 038

**Venue:** Uniting Church Manse Room 3, Lyttleton Street Castlemaine

### **Italian II**

**ALL YEAR**

This course is the next step in the study of the Italian language following on from the Italian 1 Level 1 and Level 2 courses run in 2017 and 2018. The course will continue the study of Italian grammar using the same textbook as previously – *Italian Made Simple* by Cristina Mazzone (Three Rivers Press).

In addition to the grammar study, the classes will feature regular listening and comprehension exercises. These will be based on common daily interactions, with the objective of improving conversation skills and giving exposure to everyday Italian. Students must be prepared to participate fully in class and complete weekly homework exercises.

**Prerequisite:** Students should have completed the Italian 1 Level 1 and Italian 1 Level 2 courses or have Italian language skills to a similar level.

**Wednesday** 2.30pm-3.30pm weekly 6 March to 27 November

**Course Leader:** Jim Blain 5472 4230; 0411 424 403

**Venue:** Uniting Church Manse Room 1, Lyttleton Street Castlemaine

### **Italian III**

**ALL YEAR**

This is a course for people who have been studying Italian for some time. A knowledge of the conjugation of all three verb types at least in the present tense is essential. Students will be required to participate in conversation and written exercises and a small amount of homework will be given each week.

This course has a minimum of six members.

**Monday** 12.15pm-1.15pm weekly 4 February to 16 December

**Course Leader:** Lynda Prest 5472 1973; 0437 747 724

**Venue:** Uniting Church Manse Room 1, Lyttleton Street Castlemaine

### **Italian Advanced Conversation**

**ALL YEAR**

Members must prepare vocabulary and speak spontaneously on a given subject. Members take turns to nominate a topic, and prepare and lead the class. The goal is to stimulate and encourage all members to participate in a lively and entertaining conversation. The class is conducted in Italian, so each member is expected to have a good knowledge of grammar and vocabulary, to be able to contribute to the discussion and respond to what others say, and to prepare and lead the class occasionally.

**Thursday** 9:30am-11am weekly 31 January to 19 December

**Course Leader:** Gerry Egan 0407 092 642

**Venue:** Egan Home

## Latin I

**ALL YEAR**

The beginning of a journey into appreciating the language and customs of Rome as well as that of English. This course runs over six years, gradually increasing the knowledge and ability to read classical texts. Some knowledge of English grammar is required. The text for this course is *Cambridge Latin Course Book 1*.

**Tuesday** 11am-12noon 2<sup>nd</sup> and 4<sup>th</sup> weeks, 12 February to 17 December

**Course Leader:** Marilyn Sedgman 5472 1532; 0400 518 969

**Venue:** Uniting Church Manse Room 3, Lyttleton Street Castlemaine

## Latin II

**ALL YEAR**

This course is a continuation of Latin I. Participants must have a basic knowledge of Latin. *Cambridge Latin Course Book 2* takes the class to Britain and Alexandria. Both places are interesting as the reality of life for the Romans and their subjects is revealed. At the end of the year, the class moves on to *Wheelock's Latin* as well as the *Cambridge Grammar*.

**Wednesday** 10am-11am 1<sup>st</sup> and 3<sup>rd</sup> weeks, 30 January to 18 December

**Course Leader:** Margaret Monteith 0439 656 926

**Venue:** Uniting Church Manse Room 3, Lyttleton Street Castlemaine

## Latin III

**ALL YEAR**

*Cambridge Latin 3* and *Wheelock's Latin* give exposure to the complexity of the language. Much laughter does help the class to cover the difficulties encountered.

**Wednesday** 10am-11am, 2<sup>nd</sup> and 4<sup>th</sup> weeks, 13 February to 11 December

**Course Leader:** Janet Gilmore 5472 5176

**Venue:** Goldfields Library Castlemaine Room 1, Barker Street Castlemaine

## Latin IV

**ALL YEAR**

This program follows the *Cambridge Latin Course Book 4* and *Wheelock's Grammar*, which leads to an introduction to the classic writers such as Pliny the Younger and Cicero as the year progresses.

**Thursday** 10.30am-11.30am 2<sup>nd</sup> and 4<sup>th</sup> weeks 14 February to 12 December

**Course Leader:** Janet Gilmore 5472 5176; 0400 075 107

**Venue:** Goldfields Library Castlemaine Room 1, Barker Street Castlemaine

## Latin Language and Literature

**ALL YEAR**

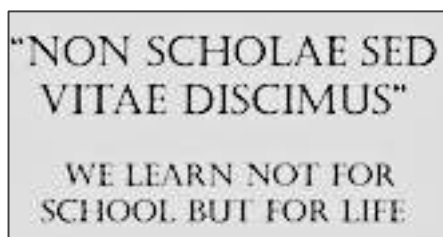
This program involves the discussion and translation of a variety of Latin texts into English. Selections for close study will be taken from assorted anthologies of Latin prose.

Participants are expected to have a familiarity with Latin equivalent to having completed the five books of the Cambridge Latin Course.

**Monday** 10.15am-11.15am 2<sup>nd</sup> and 4<sup>th</sup> weeks 11 February to 9 December

**Course Leader:** Wilfrid Savage 5442 1437

**Venue:** Goldfields Library Castlemaine Room 1, Barker Street Castlemaine





# Lifestyle – Indoor activities

## After Dark Social Group

**NEW**

**ALL YEAR**

Evening social activities for people who wish to share their time with others. Predominantly for single people, who'd like to get out a bit more in the evening. Social activities will be 'driven' by the members. Eateries. Places to go. Things to see and do...

The After Dark Social Group is for people who want to remain socially active in the company of other like-minded people in after-hours times.

**Thursday** 5.30pm-8.30pm week 4 28 February to 28 November

**Course Leader:** Jill Loorham 0438 501 349

**Venue:** Loorham home, Castlemaine

## Bridge Bidding for Beginners, or for Revision

**SHORT COURSE**

Bridge is a wonderful and challenging mental activity that should appeal to all lovers of card games, especially those numerically skilled or with good memories. In this course you learn the basics of the bidding conventions known as "Modern Standard American". These bidding conventions have been developed out of the Charles Goren bidding system for contract bridge from USA in the 1950s. The course should appeal whether you are new to bridge or new to card games, or want a refresher on your existing knowledge. The course is highly desirable to do before you join in the Monday morning Rubber Play classes, or the more advanced Tuesday afternoon Duplicate play classes. Over a six week period we will cover the fundamentals of bidding and give you practice in the actual play of bridge hands. Many of our "class graduates" also go on eventually to play bridge regularly at the Bendigo Bridge Club - one of the top bridge clubs in Victoria.

Bridge is more fun than chess, and is a great way to keep your mind stimulated and to meet congenial people and have a relaxed competitive activity. Give us a try!

**Wednesdays** 1pm-3:30pm weekly 13 February to 3 April

**Course Leader:** Graham Forbes, 0406 346 466 or besgk@gmail.com

**Venue:** Uniting Church Fellowship Room, Lyttleton Street Castlemaine

## Bridge Duplicate Competition

**ALL YEAR**

For those who love playing Contract Bridge, the pinnacle of the game is to play a Duplicate Competition in pairs where the same hands are played multiple times at different tables. The results are compared, and thus give a good indication of the 'skills-based' result. Some 12 to 18 people gather each Tuesday afternoon to play Duplicate Competition and test their Bridge knowledge and artistry. We play almost every Tuesday throughout the year. A \$3 weekly fee applies to cover room hire cost and outgoings for the group. Partners can be arranged for players. Those without experience of Duplicate play should first refine their skills for a period in our Monday morning Rubber-Play group.

**Tuesdays** 1:15pm- 4:15pm weekly 29 January to 17 December

**Course Leader:** Graham Forbes, 0406 346 466 or besgk@gmail.com

**Venue:** Uniting Church Fellowship Room, Lyttleton Street Castlemaine



## Bridge – How to play the cards

**SHORT COURSE**

Bridge is the world's premier card game – as challenging as Chess. It is mentally stimulating and when playing it, one is constantly set new problems to solve. The art of bidding in Bridge is important to convey to your partner enough information about your cards so that you end up in the best possible contract to play. But once the play starts and dummy goes on the table, a whole new set of possibilities opens as to what is the best way to play your cards to maximise the result for you and your partner, whether playing a contract as declarer, or defending. Over four weeks, we will review some important techniques and practices. The class suits both those new to Bridge and those wanting to further their knowledge.

Some questions we will address:

- what suit and what card should I lead?
- should I take my quick tricks with Aces or Kings, or wait for those suits to be led?
- what cards will give my partner the right signals?
- as Declarer what are the main strategies for playing trump contracts and no trump contracts?

and many more!

**Wednesday** 1pm-3:30pm weekly 1 May to 12 June

**Course Leader:** Graham Forbes, 0406 346 466 or besgk@gmail.com

**Venue:** Uniting Church Toy Library, Lyttleton Street Castlemaine

## Bridge Rubber Play

**ALL YEAR**

Bridge is the world's premier card game – as challenging as Chess. It is mentally stimulating and when playing it, one is constantly set new problems to solve. We have a small group of congenial and intelligent people playing social Rubber Bridge each Monday morning. You can come on your own, without a partner. No past Bridge experience is necessary, but card playing skill with games like 500 or Solo Whist is valuable. We discuss hands to improve as we play. We meet every Monday throughout the year. The class suits both those who simply want to play social Bridge and, those refining their skills before being ready to join the Tuesday Duplicate competition.

**Mondays** weekly 9.30am-12noon 4 February to 16 December

**Course Leader:** Graham Forbes 0406 346 466 or besgk@gmail.com

**Venue:** Uniting Church Manse Room 3, Lyttleton Street Castlemaine

## Chess

**ALL YEAR**

Come along to learn how to play, or to hone your skills.

Tuition is available - learn about positional play, opening and end games, and the deadly tactics (pins, skewers and forks).

There will also be demonstration games and chess puzzles for those who are interested.

No experience necessary. Chess sets available or bring your own.

**Thursday** 1.30-3.30pm weekly 7 February-19 December

**Course Leader:** Ron Moore 0418 315 004 or 5470 5582

**Venue:** Goldfields Castlemaine Library, Barker Street, Castlemaine



## Coffee, Cake and Conversation

**ALL YEAR**

The name says it all! We aim to meet in various venues: in our favourite quiet cafés or in private homes, to meet and chat at length about topics of interest. A social activity with no skills needed – just to be able to talk, listen and enjoy.

**Friday** 2pm-4pm 3<sup>rd</sup> week, 15 February-20 December

**Course Leader:** Annie Batten 0404 348 814

**Venue:** Various, around Castlemaine

## Come cook and dine with me

**NEW**

**SHORT COURSE**

Learn to cook different cuisines from different cultures and join me at my table to enjoy eating the results. Most meals will include two courses, either soup/entree/dessert and a main. Special requests for a cuisine will be considered, however you need to be able to eat anything. Participants will be emailed copies of the recipes following each lesson. Participants are expected to assist in the preparation of meals and clean up afterwards. There will be a cost of approximately \$20 associated with each class to cover food purchases. There may be a roster to bring wine to share if that is what people choose to do.

**Thursdays** 10am-3pm 2<sup>nd</sup> week 14 March to 11 July

**Course Leader:** Sue Picot (0413 138 802) 24/5

**Venue:** Picot home, Castlemaine

## Cooking Tips and Techniques

**NEW**

**SHORT COURSE**

This course is based on one I ran by request for a Probus group.

If there is interest, and it runs, the group could dictate the kind of foods and topics covered.

Week 1: Corn Chowder and cheese scones. I would demonstrate the many ways scone dough can be used.

Week 2: Yeast dough - sweet and savoury. Negotiable

Week 3: Pastry - sweet and savoury. Negotiable

Week 4: ??? Participants vote on a topic/theme

Please note, this is not a fancy cooking class, it is more a practical "how to" and "what went wrong and why?" kind of class.

Participants will be required to contribute to the cost of supplies for each class.

**Tuesday** 10am-12noon weekly 8 October to 29 October

**Course Leader:** Deborah Wiglesworth 5474 2325; 0418 268 213

**Venue:** Anglican Church Hall, (enter at corner Kennedy and Forest Streets) Castlemaine

## Fun and Games

**NEW**

**ALL YEAR**

This course is aimed at people who have played Canasta, Five Hundred, Solo Whist or Mah-jong and would like to refresh their memory or maybe try something new.

**Course Leader:** Veronica Hurley 5472 1383

**Friday** 10am-12noon 2<sup>nd</sup> week 8 February to 13 December

**Venue:** Uniting Church Manse Room 2, Lyttleton Street Castlemaine



### **Mindfulness Meditation**

**ALL YEAR**

This is an ongoing Mindfulness Meditation group for people wanting to deepen their meditation and relate mindfulness principles to daily living. The hour comprises a 40 minute meditation, a reading and some discussion. It is for people who have experience of meditation and want to explore it further.

**Thursday** 10am-11am weekly 31 January to 19 December

**Course Leader:** Karina de Wolf, 0423 306 589

**Venue:** The Forge, 341 Barker Street Castlemaine

### **Scrabble for Fun**

**ALL YEAR**

We enjoy a game or two of Scrabble each session. We're always learning some new words and keeping ourselves alert as we add the scores, but we don't play by strict competition rules, and we laugh a lot! We look forward to teaching the game to brand new players. One of our Scrabble sets is designed for players with low vision or who find it easier to move slightly larger pieces.

**Thursday** 3pm-5pm 2<sup>nd</sup> and 4<sup>th</sup> weeks, 14 February to 12 December

**Course Leader:** Helen Edwards 5472 2281 0401 010 589

**Course Leader:** Bridget Leach 5472 4754; 0434 971 451

**Venue:** Edwards home and others, Castlemaine

### **Secret Men's Business**

**ALL YEAR**

A Thursday lunch club for guys to enjoy a good feed, a chat and a glass of wine perhaps, once a month. This is an opportunity for men to get together and discuss topics that are relevant to them in a supportive environment. Lunch will be at members' expense.

Approximate cost \$20-\$30 per person per session.

**Thursday** 12noon-2pm 3<sup>rd</sup> week, 21 February to 19 December

**Course Leader:** John Pizzey 0419 118 360

**Various Venues,** Castlemaine

### **Solos Group**

**ALL YEAR**

For people who live on their own and who enjoy meeting with others and enjoy stimulating conversation. BYO lunch. The sessions will occur in various locations as agreed to by the group.

**Saturday** 12:30pm-2:30pm 3<sup>rd</sup> week, 16 February to 16 November

**Course Leader:** Eva Haarburger 5472 3391; 419 376 093

**Various Venues,** Castlemaine

### **Solo Whist**

**ALL YEAR**

We play Solo Whist, but not for real money. The object is to teach each other some of the finer points of the game. Be prepared to enjoy playing cards, and to dine afterwards at a pub.

**Thursday** 5pm-6.30pm 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup>, 31 January to 31 December

**Course Leader:** Annie Batten 0404 348 814

**Venue:** Uniting Church Manse Room 1, Lyttleton St Castlemaine

## Table Tennis

**ALL YEAR**

Come and play table tennis in a friendly non-competitive spirit. Great fun, good exercise and great for hand-eye coordination. No prerequisites. Bats are available and new players are welcome. \$2 cost weekly.

**Wednesday** 9:30am-12noon weekly 30 January to 18 December

**Course Leader:** Trevor Wheeler 5476 2286

**Venue:** Table Tennis Pavilion, Camp Reserve, Forest Street Castlemaine

## Tai Chi

**ALL YEAR**

Tai Chi is a gentle, low impact form of exercise that can benefit the whole body. It improves balance, mobility, flexibility, strength and coordination and is beneficial to one's general health, especially relaxation and posture. Two classes run concurrently – a beginners' group and one for more experienced members. These classes are run in conjunction with Castlemaine District Community Health (C.H.I.R.P.) and therefore we must conform to their program times and dates. Participants are asked to attend regularly and participate in the exercises to the best of their ability. No special equipment is required except to wear loose clothing and flat comfortable shoes, bring a hat and water bottle. During winter, classes are held in the Uniting Church Hall. There is a \$4.00 cost for each weekly class.

**There are TWO Classes: 306-01 BEGINNERS GROUP and 342-01 COMMUNITY GROUP**

**Monday** 9:30am-10:45am weekly 4 February-16 December

**Course Leader:** Dorothy Henshall 5472 5108

**Venue:** Castlemaine Botanical Gardens, 2 Walker Street Castlemaine

## Warm Water Exercise for Arthritis two sessions weekly

**ALL YEAR**

This is a therapeutic exercise session for those needing to relieve pain and tension caused by chronic arthritis and related conditions. It should improve mobility in such cases. You need the ability to get into and out of a hydrotherapy pool. Please note water temperature is 32 to 34 degrees. Your doctor's approval is required.

**FRIDAY** 11am-1:30pm weekly 1 February to 20 December

**Course Leader:** Jenni Rutherford 0402 776 194

**Venue:** Kyneton Aquatic Centre, 4 Victoria Street Kyneton

**Meet at** U3A Castlemaine Office, Octopus, 4 Duke Street Castlemaine, at 10am to car share.

**TUESDAY** 10:30am-1pm weekly 29 January to 17 December

**Course Leader:** Jenni Rutherford, 0402 776 194

**Venue:** Kyneton Aquatic Centre, 4 Victoria St Kyneton

**Meet at** U3A Castlemaine Office, Octopus, 4 Duke Street Castlemaine at 9:30am to car share.

**Please inform the Course Leader if you are unable to attend a class or will be away for an extended period time.**

**You can record absences in your MyU3A record:** log in using your Member ID and password. From the 'Class Status' screen, find the 'Apologies' section near the bottom of the page. Enter the start date and finishing date of the period you're unavailable. Click the 'Apologise' button. *Then click 'Commit'*

## **Wine Appreciation**

**ALL YEAR**

This is a course for anyone who enjoys a glass of wine, and would like to learn more about what they're drinking. It will require member participation in the selection of the wines which may cover different vintages, regions, varieties or countries. Each evening, the wines will be accompanied by cheeses and nibbles.

This is an evening course and is based on a successful format developed over 40 years and run by U3A City of Melbourne. For each meeting, there will be a cost of \$20 to cover the wine and food.

For this course to be successful, it requires a minimum of 20 members.

**Thursday** 7:30pm-9:30pm 1<sup>st</sup> week 7 February to 5 December

**Course Leader:** John Waldie 5472 5411; 0400 858 581

**Course Leader:** Russell Annear 0407 346 334; 5470 6218

**Venue:** Tozer residence Castlemaine

## **Women's Meditation Circle**

**NEW**

**ALL YEAR**

This course is for meditators who would like to deepen their practice. We will explore a variety of techniques and approaches to meditation. The focus will be on inner inquiry and self knowledge. There will also be readings from various wisdom traditions.

The course is for women only, so we may draw on and relate to the wisdom of the sacred feminine archetype.

**Tuesday** 11.15am-12.15pm weekly 12 February to 17 December

**Course Leader:** Annie Jones 0416 391 977 annie@indo zit.com

**Venue:** Jones Residence Castlemaine

### **Spread the load!**

Have you thought about volunteering with U3A Castlemaine?

U3A Castlemaine is a completely voluntary organisation. Volunteer opportunities are many and varied, some asking a little time and some more involved. For example:

- ❖ Staffing the office, currently open from 9.30pm - 11.30pm four days/week. With more volunteers we could open five days/week or for longer hours hence providing a superior service for members, potential members and interested people from the local community.
- ❖ Becoming a member of a working group - Governance, Finance, Course Coordination, Communication, Grants, Information Technology or Newsletter. Membership of a working group is a great way to contribute your experience and skills and learn more about the organisation.
- ❖ Joining the Committee of Management.
- ❖ Hospitality - assisting with Coffee Mornings, Founders Day lunch, Christmas lunch and other occasional gatherings or celebrations.
- ❖ Setting up for coffee mornings - chairs, equipment, trading table.
- ❖ Becoming a Class Representative in one of the courses you attend. The class representative assists the Course Leader with such things as ensuring the roll is completed, and collecting any fees incurred for the class.
- ❖ Assisting with printing and distribution of *Third Thoughts* newsletter, and perhaps taking on the Editor's role when it becomes vacant.
- ❖ Assisting with the annual compilation, printing and distribution of the prospectus.

# Lifestyle – Outdoor Activities

## Bird Watching

ALL YEAR

A monthly walk/wander in a promising birdy location, usually close to town, to observe, identify and learn about the varied habits and habitats of our bird life. Meet at the Octopus in time to leave at 9am SHARP. Binoculars are essential. Clothing and footwear to suit the expected weather. Bring morning tea.

**Tuesdays** 9am-12noon 2<sup>nd</sup> week 13 March-11 December **NOT August**

**Course Leader:** Rosemary Turner, (03) 5470 6891

Meet at U3A Castlemaine Office, Octopus, 4 Duke Street Castlemaine at 9am to car share.

## Bush Walking

ALL YEAR

The U3A Castlemaine Bushwalking Group offers a great opportunity to improve your fitness, agility and balance; to enjoy and learn about our local and surrounding area; to make new friends; and to test yourself physically. Our walks are generally between six and ten kms in length, are accurately graded for degree of difficulty and are clearly described including an estimation of the time of return to Castlemaine. Walkers should however, plan to be away from Castlemaine until 2pm. Most walks require travel with car pooling. We try to enjoy a coffee after each walk. To enjoy the walks, a moderate to good level of fitness is required. If you want more specific information, you are invited to look at our excellent website:

<http://www.u3acastlemaine.com/bushwalking.html>

**Wednesday** 9-2pm 2<sup>nd</sup>, 4<sup>th</sup> and 5<sup>th</sup> weeks 30 January-11 December

**Course Leader:** Kevin Vallence 0497 012 103

**Meet for car sharing at the OCTOPUS 9am (8.30am DAYLIGHT SAVING)** U3A Castlemaine Office, 4 Duke Street Castlemaine.

## E-Bikes and Touring

NEW

TWO SESSIONS Plus optional tours

This course is in two parts.

**Part 1.** Two x 1.5 hour long classes in learning about e-bikes. It is designed to inform on how they work and what to look for if you have an interest in, or are considering purchasing one. There are many different brands and systems that can be quite confusing. It is not a sales pitch as the course leader explored this minefield last year before purchasing her touring e-bike and would like to share her experience and dispel some of the "myths".

**Part 2.** Four touring dates (day trips and possible overnight) if you have an e-bike or end up purchasing one after the course. Some suggestions to be confirmed for these are the Lilydale/Warburton Rail Trail; Castlemaine/Maldon; O'Keefe Rail Trail; Bellarine Peninsula; Rutherglen winery circuit.

Come along and be inspired to get active in a very enjoyable, rewarding and manageable way. This is not a technical course and there are no prerequisites. You may choose to only do the first part, so the second part will be discussed and agreed upon should you wish to continue.

**Thursday** 10am-12noon 7 and 14 March

**Course Leader:** Sue Tomkinson 0411 806 339

**Venue:** Uniting Church Manse Room 1, Lyttleton Street Castlemaine

## **Gardeners Get Together**

**NEW**

**ALL YEAR**

Gardeners - novice and experienced alike - love to share ideas and tips, as well as cuttings, seeds, etcetera. This group will meet alternate months to chat about all things gardening. The other first Mondays of the month we will do garden visits where possible - perhaps to a private or public garden or community nursery.

Sessions at Leisterville would be March 4<sup>th</sup>, May 6<sup>th</sup>, August 5<sup>th</sup>, October 7<sup>th</sup>, December 2<sup>nd</sup>.  
Garden visits: April 8<sup>th</sup>, July 1<sup>st</sup>, September 2<sup>nd</sup> and November 4<sup>th</sup>.

**Monday** 2pm-3.30pm 1<sup>st</sup> week 4 February to 2 December

**Course Leader:** Deborah Wiglesworth 5474 2325; 0418 268 213

**Venue:** Leisterville Hall, Williams Street Castlemaine

## **Gardens on the East Coast of England**

**NEW**

**ONE SESSION**

This session looks at some large and well known, as well as some smaller and less well known gardens on the east coast of England, starting at Wallington in Northumberland, and ending in Essex. Included is a look at major garden design by Piet Oudolf and Bressingham, the garden of Alan Bloom.

**Wednesday** 24 April 11.30am-12.45pm

**Course Leader:** Suzanne Colling 0419 536 906; 9859 4111

**Venue:** Uniting Church Fellowship Room, Lyttleton Steet Castlemaine

## **Pétanque**

**ALL YEAR**

Pétanque is a great game to enjoy. We have an ongoing group of keen players, but you don't need any experience to join in. It's played in teams of two or three – and we pick the teams each week at random. We support each other to improve our skills. It's useful to own a set of boules, but not essential as we always have spares to lend. As there is no shade, please bring a hat and water to drink.

**Friday** 2pm-4pm weekly 5 April to 20 December.

**Course Leader:** Philip Hopley 0425 768 559; 03 5472 1156

**Venue:** Campbells Creek Pisté, gravel behind the playground, Main Road, Campbells Creek.

## **Social Dog Walking**

**ALL YEAR**

This is a social activity for both owners and dogs so your dog needs to enjoy the company of other dogs. At completion of some walks, we will have coffee at a dog friendly café, weather permitting. Participants need to be able to walk for an hour over variable terrain. There will be some travel involved in getting to some of the walks. Meeting point for the first walk for the year will be at the main gates of the Castlemaine Botanic Gardens. Participants shall be advised of the meeting places monthly. Owners must pick up after their dogs and have water available for them in hot weather. Dogs are to remain on lead always.

**Please note: Dogs are not usually allowed at U3A Castlemaine activities and you attend at your own risk.**

**Tuesday** 9:30am-10:30am weekly 5 February to 17 December

**Course Leader:** Jillian Collier 5474 8232

**Meet at** U3A Castlemaine Office, Octopus, 4 Duke Street Castlemaine to car share.





### **Talk about Trees**

**NEW**

**ALL YEAR**

This course will be a discussion about trees, an often overlooked aspect of our environment. Each month a different genus of trees, as chosen by the group, will be discussed. At the first meeting, members will decide on the format; Lecture presentation, with pictures and question time. Excursion to see specific trees and then talk about them. Other ideas.

**Thursday** 4pm-5pm 2<sup>nd</sup> week 14 February to 12 December

**Course Leader:** Peggy Munro 5472 2086

**Venue:** Uniting Church Manse Room 3, Lyttleton Street Castlemaine

### **The Gardeners Apprentice**

**NEW**

**ALL YEAR**

This activity will focus on gardening in the goldfields. It will be in two parts: (a) PowerPoint presentation of a garden, past or present, found in the goldfields region; (b) discussion of some aspect of gardening relative to the Mount Alexander district such as soil, frost, suitable plants, that arose from the first presentation, or are of concern to those attending the session.

**Friday** 10am-11am 3<sup>rd</sup> week 15 February to 20 December

**Course Leader:** Tom Comerford 5470 6230

**Venue:** Uniting Church Manse Room 1, Lyttleton Street Castlemaine

## **Music and Dance and Film**

### **Music**

#### **Guitar Playing 1**

**ALL YEAR**

Tuition in learning to play the guitar. No knowledge necessary, as this will be a beginners' class. You must have your own guitar and music stand.

**Friday** 2pm-2:45pm weekly 1 February to 20 December

**Course Leader:** Angela Sye 0434 201 701 angelasye42@gmail.com

**Venue:** Sye Home

#### **Guitar Playing 2**

**ALL YEAR**

This course requires an ability to read music and experience in playing the instrument.

**Friday** 4pm-4.45pm weekly 1 February to 20 December.

**Course Leader:** Angela Sye, 0434 201 701 angelasye42@gmail.com

**Venue:** Sye Home

### **Musicals**

**ALL YEAR**

This course is an ongoing review of musicals over the years, and this year will start at 1950. Even if you don't *Sing in the Rain*, go to a *Cabaret*, ride on a *Carousel*, or *Climb Every Mountain*, this might still be the course for you! Participants can relax and enjoy listening to extracts from musical theatre, watching selected performances and discussing interesting topics related to these. No prerequisites; just a desire to enjoy some fabulous moments in musical theatre and to learn a little more about the people who made them all happen.

**Wednesday** 2pm-4pm, 4<sup>th</sup> week 27 February to 27 November.

**Course Leader:** Peter Morris 5470 5905

**Venue:** Morris Home, Campbells Creek

## Music Appreciation

**ALL YEAR**

This is primarily about listening to music rather than discussion; the music is the thing! If you like listening to a variety of Baroque, Classical and Romantic music, please join our group and hear a fine selection chosen by the course leader. You need a willingness to just listen to music.

**Wednesday** 9:30am-11:30am 1<sup>st</sup> week 6 February to 4 December.

**Course Leader:** Diana Baud 5472 4574; 0438 724 574

**Venue:** Baud Home

## Playing Ukulele 1

**ALL YEAR**

This is a beginners' course. You will be taught to read printed music, play tunes, strum chords and sing while playing your instrument. It is essential that you bring your own ukulele and music stand.

**Friday** 1pm-1:45pm weekly 1 February to 20 December

**Course Leader:** Angela Sye, 0434 201 701 angelasye42@gmail.com

**Venue:** Sye Home, Castlemaine

## Playing Ukulele 2

**ALL YEAR**

This course is advanced. Members must be able to read printed music and strum chords. It is essential that members have their own instrument and music stand.

**Friday** 3pm-3:45pm weekly 1 February to 20 December

**Course Leader:** Angela Sye, 0434 201 701 angelasye42@gmail.com

**Venue:** Sye Home, Castlemaine

## Recorder Playing

**ALL YEAR**

This is a beginner's course. In this class you will learn to play the recorder. No knowledge required. You must have your own recorder and music stand.

**Thursday** 11am-11:45am weekly 31 January to 19 December

**Course Leader:** Angela Sye, 0434 201 701 angelasye42@gmail.com

**Venue:** Sye Home, Castlemaine

## Requiem . . . and then

**ALL YEAR**

We listen to Requiem composed through the ages . . . and then, sometimes to other liturgically inspired choral works. Usually we identify tracks that we want to hear again and if anyone has a different recording of the same work we compare performances/recordings. Of about 70 requiems in our collection there are several we have yet to share. Meanwhile, we have listened to over a dozen non-requiem works over ten years. Members share the joys of listening together.

**Friday** 1:30pm-3:30pm 1<sup>st</sup> and 3<sup>rd</sup> weeks 1 February to 20 December.

**Course Leader:** Vic Say 5472 1841

**Venue:** Say Home, Castlemaine



## **Understanding Opera**

**ALL YEAR**

An ongoing class in which participants enjoy listening to extracts from opera and are informed, by brief explanations, of the lives and idiosyncrasies of the composers and the performers. No musical ability required, other than an interest in opera.

**Wednesday** 2pm-4pm 2<sup>nd</sup> week 13 February to 11 December

**Course Leader:** Peter Morris 5470 5905; 0422 661 162

**Venue:** Morris Home, Campbells Creek

## **U3A Castlemaine Choir**

**ALL YEAR**

No experience required. We sing songs in unison and harmony for the pure enjoyment of singing together.

**Tuesday** 3pm-5pm weekly 29 January to 17 December

**Course Leader:** Angela Sye, 0434 201 701 [angelasye42@gmail.com](mailto:angelasye42@gmail.com)

**Venue:** Salvation Army Hall, Kennedy Street Castlemaine

## ***Dance***

### **Ballet Appreciation**

**ALL YEAR**

We will be looking at some DVDs of works given by major ballet companies, and DVDs of interesting documentaries on ballet as well as checking out a few of the modern dance choreographers who have influenced ballet. There are no entry requirements. Members are expected to feel free to comment and question.

**Wednesdays** 1:30pm-3pm 3<sup>rd</sup> week 20 February-20 November

**Course Leader:** Joe Scoglio, 5472 2396

**Venue:** Scoglio Home.

### **Circle Dancing 1**

**SHORT COURSE**

Circle dance is a gentle workout for brain and body, for both men and women. No partners required. Dances are from around the world, some gentle and flowing, others lively. Learn the steps in a relaxed, friendly manner and feel the joy of the music and rhythm. No dancing experience necessary. A willingness to come along, have a go and have fun.

**Wednesdays** 10am-12noon 1<sup>st</sup> and 3<sup>rd</sup> weeks 6 February-15 May

**Course Leader 1:** Joanne Thompson

**Course Leader 2:** Anet McDonald, 5470 6497 [anetandme@gmail.com](mailto:anetandme@gmail.com) for all enquiries

**Venue:** Uniting Church Hall, Lyttleton Street Castlemaine

### **Circle Dancing 2**

**SHORT COURSE**

Circle dance is a gentle workout for brain and body, for both men and women. No partners required. Dances are from around the world, some gentle and flowing, others lively. Learn the steps in a relaxed, friendly manner and feel the joy of the music and rhythm. No dancing experience necessary. A willingness to come along, have a go and have fun.

**Wednesdays** 10am-12noon 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> weeks 4 September-18 December.

**Course Leader 1:** Joanne Thompson

**Course Leader 2:** Anet McDonald, 5470 6497 [anetandme@gmail.com](mailto:anetandme@gmail.com) for all enquiries

**Venue:** Uniting Church Hall, Lyttleton Street Castlemaine

## **Find Your Inner Dancer**

**ALL YEAR**

This 45 minutes of self-inspired movement will begin with a gentle warm-up. Then you have the option of improvising yourself or following the simple moves offered by the teacher. Music to inspire you to move will range from jazz and tango to 17<sup>th</sup> century French court music and everything in between. If you have trouble standing you may do the torso and arm movements in a chair.

**Mondays** 9.45am-10:30am 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> weeks 11 February-16 December

**Course Leader 1:** Joseph Scoglio 5472 2396; 0425 801 038

**Course Leader 2:** Julia Scoglio 5472 2396; 0425 801 039

## **Introduction to the Art of Eurhythm**

**NEW**

**SHORT COURSE**

This art of movement, created by Rudolf Steiner at the turn of the 20<sup>th</sup> Century, makes visible the activity hidden in what we call physical and chemical processes related to living forms, and thus goes beyond the scientific understandings of physics, chemistry, biology and related natural sciences. That hidden activity has long been recognised as the Logos or Creative Word. Through Eurhythm we recreate the real nature of sound in speech and music. That is why it is often called "visible speech" or "visible music".

Students need to wear loose clothes and soft shoes to be able to move freely.

**Monday** 1pm-2.30pm weekly 4 March to 24 June

**Course Leader:** Luisa Hoffman 0410 825 609

**Venue:** Uniting Church Fellowship Room, Lyttleton Street Castlemaine

## **Film**

### **Fabulous Friday Flicks**

**ALL YEAR**

A selection of movies from around the world will be introduced, shown and discussed. Generally, films will be arranged thematically and most will involve reading subtitles. A wide variety of directors, stars, styles, genres and countries will be represented. Occasionally, guests or class members will be invited to present films or lectures to the class.

There are no formal requirements, EXCEPT all class members MUST have a current email address and easy access to a computer. This is essential as this course will involve some online learning from time to time. *Fabulous Friday Flicks* members are expected to have an open mind, a sense of humour, an interest in or love of film, and a willingness to share and develop ideas, experience and knowledge about film.

**Friday** 9:30am-12:30pm 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> weeks 15 February-20 December

**Course Leader:** Beverley Orgill, 0459 324 455

**Venue:** Castlemaine Health Auditorium, Odgers Road Castlemaine.



# Photography and Computers

## Photo Books Online

**NEW**

**SHORT COURSE**

Learn how to use online programs to produce professional looking books using your own photographs. Participants must have their own laptop or tablet and be proficient on the computer.

**Tuesday** 9.30am-11.30am 8 October to 5 November

**Course Leader:** Veronica Hurley 5472 1383

**Venue:** Hurley Residence, Castlemaine

## Photography and Digital Imaging

**ALL YEAR**

A working knowledge of your own digital camera and reasonable level of computer skills is highly desirable. The course teaching will include technical information on operating digital cameras with the main aim of studying and obtaining well composed images for electronic versions and printing. Post-production skills using *Lightroom*, *Photoshop*, *ON1*, etc will be discussed. Excursions and practical activities will be arranged during the year with a basic guide being the theme of the month. Each month's efforts will be reviewed and discussed by the group at the end of the month.

**Thursdays** 1:30pm-3:30pm weekly 7 February to 19 December

**Course Leader:** Jill Williams 5476 4135; 0437 751 824

**Venue:** Uniting Church Manse Room 1, Lyttleton Street Castlemaine.

# Politics and Current Affairs

## De-mystifying our System of Government

**SHORT COURSE**

Are you puzzled about our system of government and recent events in Canberra and Spring Street? This course explores the federal system, Parliament, the High Court, our constitutional monarchy, and the principle of the separation of powers. The Constitution was written in the 1890's, how does it serve us today?

**Tuesdays** 10-11am weekly 23 April to 25 June

**Course Leader:** Rod Espie 5472 2732

**Venue:** Uniting Church Manse Room 3, Lyttleton Street Castlemaine

## Issues of Concern

**ALL YEAR**

A current affairs discussion group. Subjects may include developments in politics, finance, health, education, human rights, science, business, agriculture, environment – just about anything appearing in the media that interests the participants. An interest in current affairs is recommended. Basic level computer skills and an internet connection will aid communication between participants. Members are encouraged to present subjects for discussion, have tolerance of other points of view and a sense of humour.

**Fridays** 1:30pm-3:30pm 2<sup>nd</sup>, 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> weeks 22 February-20 December

**Course Leader:** Carol Dorman 5472 4429

**Venue:** Uniting Church Manse Room 1, Lyttleton Street Castlemaine

## Meandering Midst the Media

**NEW**

**TWO SESSIONS**

An exploration of the news media from its beginnings through to the current day. The present media scene and the enormous changes that have been taking place will be given special attention with references to news gathering and publication across the range of outlets.

**Wednesday** 10am-11.30am 19 and 26 June

**Course Leader:** James Foley 5472 4604

**Venue:** Uniting Church Fellowship Room, Lyttleton Street Castlemaine

# Science, Maths and Technology

## Energy Efficiency in the Home – A Practical Guide

**SHORT COURSE**

Participants will be given the necessary information to enable them to: (1) increase the level of comfort in their homes, (2) reduce their energy bills and (3) benefit the environment by reducing greenhouse gas emissions. There is some flexibility in structuring the course to meet the expectations of participants and deal with individual situations. A science background is not required and notes will be provided on all technical aspects to be discussed. Some equipment will be demonstrated and at least one field excursion will be included. This course will only be run if we receive at least 10 enrolments.

**Wednesday** 1:30pm-3:30pm weekly 1 May to 12 June

**Course Leader:** Hans van Gemert, 5472 1082; 0408 179 982

**Venue:** Uniting Church Fellowship Room, Lyttleton Street Castlemaine

## The Human Journey

**NEW**

**SHORT COURSE**

This course will look at current knowledge and ideas about human evolution, human spread around the globe, and the origins of animal domestication and agriculture. It will include discussion on scientific methods used to understand these events, including DNA analysis, carbon dating, geology and geography, etc. No prior knowledge is necessary.

**Thursday** 10am-11am 4<sup>th</sup> week 10 October to 7 November

**Course Leader:** Kate Couttie 0419 010 609

**Venue:** Uniting Church Manse Room 1, Lyttleton Street Castlemaine

## Coffee Mornings

Coffee Mornings are held on the first Friday of the month. The format is usually *Welcome, Introduction and Notices* from the President, news of general interest from members followed by a note-worthy speaker. The morning is rounded off by a delicious morning tea provided by class members on rotation throughout the year.

These mornings are from 10am to 11.30/12noon, but it's a good idea to come much earlier to look for bargains, plants and homemade goodies from the trading table, and to buy a ticket in the homemade cake raffle.

Come along and meet other members and enjoy each other's company.



## Lightning to Lasers

**NEW**

**SHORT COURSE**

A look at Electricity and how we use it for everything from making cakes to communicating with each other across the globe. This course is a mix of physics, engineering, music, chemistry, politics, mathematics, business, history, psychology, religion and the human desire to innovate. Electricity is the common thread of this course, but you don't need to be a physicist or mathematician to come along and have some fun.

Over the six week course I hope to take us on a journey through history and around the world. I will aim to explore everything from how electricity is generated to its many and various uses. I will include lots of demonstrations and experiments, bangs and flashes.

Audience participation is encouraged!

- Week 1 Electricity basics - what is it? how does it work? Some basic principles of electricity, magnetism, light and heat.
- Week 2 Generators and motors - electricity as a workhorse in factories and homes
- Week 3 Light bulbs, lasers and light emitting diodes - electricity to light the world
- Week 4 Connecting the world - how electricity is used to communicate. Telegraph, telephone, radio and TV.
- Week 5 Semiconductors - they are AMAZING. Did you know they can heat, cool, create light and sense images, and they form the basis of all modern computers.
- Week 6 The Digital Age - everything seems to be digital these days - but what does that mean?

**Tuesday** 10am-12noon 6 August to 10 September

**Course Leader:** Michael Stambrey 0412 811 428

**Venue:** Uniting Church Fellowship Room, Lyttleton Street Castlemaine

## Pathology Basics

**SHORT COURSE**

The course will look at the structure and function of some organs, some common laboratory tests used in diagnosis, and the basic scientific principles and methods used in those lab tests. We will also look at blood groups and transfusion. Although there will occasionally be a little basic chemistry, no prior knowledge is assumed or necessary to do this course.

**Tuesdays** 10am-11am weekly 5 March to 23 April

**Course Leader:** Kate Couttie, 0419 010 609

**Venue:** Uniting Church Manse Room 2, Lyttleton Street Castlemaine

### **Do you have accessibility requirements?**

You sign up for courses on the understanding that the venue will be accessible.

If the venue you are attending is not easily accessible there are two different sized portable ramps available for loan from the old Market Building Information Centre.

Course Leaders will be aware of availability of the ramps.

Please contact the Course Coordinator if you have concerns regarding accessibility of any of our venues, including private homes.

u3acm.courses@gmail.com or 0407 346 334

# Travel

## **A Glimpse of Indonesia**

**NEW**

**ONE SESSION**

An informal, one-off two hour session giving an overview of Indonesia's history, geography and demography.

For past travellers, prospective tourists and the curious. Some aids will be used, but no power point presentations or hand out notes issued.

**Monday** 15 July 10am-12noon

**Course Leader:** Margaret Grey 5472 385

**Venue:** Uniting Church Fellowship Room, Lyttleton Street, Castlemaine

## **Armchair Travel**

**ALL YEAR**

This course aims to give class members an opportunity to learn a little more about people, places, cultures and other travel-related information from people who have been there and done it in many ways – on foot, by bike, by train, by car or by plane or boat. In a group or alone. With family and friends or with strangers. Lots of different places, people and ways of enjoying travel will be shared. At most classes, guests or class members will be invited to talk about their travels or present to the class.

There are no formal requirements, just an interest in travel and a desire to learn more about the wonderful world in which we live.

**Monday** 4pm-5:30pm, 4<sup>th</sup> week 25 February-25 November and **16 December NB 3<sup>rd</sup> Monday.**

**Course Leader 1:** Beverley Orgill, 0459 324 455

**Course Leader 2:** Tom Comerford 5470 6230

Uniting Church Chapel, Lyttleton Street Castlemaine

## **Venice**

**NEW**

**ONE SESSION**

My son and I spent two weeks in Venice - his fourth time but my first. While we saw all the usual things (lots of buildings, churches, galleries, St Marks piazza and the Basilica, Doges Palace, canals big and small) there were some things that interested my scientific mind that my son didn't notice. Then again, he is a music person and so I saw some things I might not have noted, particularly concerning Wagner. There were some things I knew he would do, like go to the opera, drink coffee in Campo San Barnaba, eat at Cafe Lavenna etc, and I wanted to go to Padua. It was all recorded by my trusty camera.

**Tuesday** 30 April 2pm-3.15pm

**Course Leader:** Keith Creed 9890 3860; 0410 485 868

**Venue:** Uniting Church Fellowship Room, Lyttleton Street Castlemaine





## Courses by Day

Monday	Start	Time	Page	Enrol? ✓
A Glimpse of Indonesia	15 July	10am-12noon	32	
Armchair Travel	25 Feb	4pm-5.30pm	32	
Art Workshop	4 Feb	10.30am-2.30pm	6	
Beginners' Italian	4 Feb	11am-12noon	14	
Bridge Rubber Play	4 Feb	9.30am-12noon	18	
Find Your Inner Dancer	11 Feb	9.45am-10.30am	28	
French II	4 Feb	9:30am-10:30am	14	
French Literature	4 Feb	2pm-3:30pm	14	
Gardeners Get Together	4 Feb	2pm-3.30pm	24	
Introduction to The Art of Eurhythmy	4 Mar	1pm-2.30pm	28	
Italian III	4 Feb	12.15pm-1.15pm	15	
Latin Language and Literature	11 Feb	10.15am-11.15am	16	
Nature to Society: Goethe & Steiner's Vision	4 Feb	10am-12noon	10	
Tai Chi (two groups)	4 Feb	9.30am-10.45am	21	
Tuesday	Start	Time	Page	Enrol? ✓
Aboriginal History: Our Shared History	5 Feb	10am-12noon	7	
Bird Watching	13 Mar	9am-12noon	23	
Book Reading Group	5 Feb	10am-11.30am	9	
Bridge Duplicate Competition	29 Jan	1.15pm-4.15pm	17	
Cooking Tips and Techniques	8 Oct	10am-12noon	19	
De-mystifying our System of Government	23 Apr	10am-11am	29	
Economics of Hope - search for authentic prosperity	23 Apr	1.30pm-3.30pm	12	
Latin I	12 Feb	11am-12noon	16	
Lightning to Lasers	6 Aug	10am-12noon	31	
Pathology Basics	5 Mar	10am-11am	31	
Photo Books Online	8 Oct	9.30am-11.30am	29	
Play Watchers	19 Feb	4pm-5.30pm	11	
Reigning Empresses' of the 19 <sup>th</sup> Century	5 Mar	2pm-3.30pm	8	
Social Dog Walking	4 Feb	9.30am-10.30am	24	
U3A Castlemaine Choir	29 Jan	3pm-5pm	27	
Venice	30 Apr	2pm-3.15pm	32	
Warm Water Exercise for Arthritis	29 Jan	10.30am-1pm	21	
Women's Meditation Circle	12 Feb	11.15am-12.15pm	22	

**As is our custom no classes will be held during the  
Castlemaine State Festival, 22<sup>nd</sup> to 31st March**

Courses by Day				
Wednesday	Start	Time	Page	Enrol? ✓
Ballet Appreciation	20 Feb	1.30pm-3pm	27	
Bridge Bidding for Beginners, or for Revision	13 Feb	1pm-3.30pm	17	
Bridge: How to Play the Cards	1 May	1pm-3.30pm	18	
Bush Walking	30 Jan	9am-2pm	23	
Circle Dancing 1	6 Feb	10-12noon	27	
Circle Dancing 2	4 Sep	10am-12noon	27	
Energy Efficiency in the Home	1 May	1.30pm-3.30pm	30	
French II (Wednesday course)	6 Feb	9.30am-10.30am	14	
Gardens of the East Coast of England	24 April	11.30am-12.45pm	24	
Italian II	6 Mar	2.30pm-3.30pm	15	
Latin II	30 Jan	10am-11am	16	
Latin III	13 Feb	10am-11am	16	
Meandering Midst the Media	19 Jne	10am-11.30am	30	
Medieval France	17 Jly	2pm-3pm	7	
Musicals	27 Feb	2pm-4pm	25	
Music Appreciation	6 Feb	9.30am-11.30am	26	
Russian Revolution	17 Jly	10am-12noon	9	
Table Tennis	30 Jan	9.30am-12noon	21	
Understanding Education	24 Apr	10am-11.30am	13	
Understanding Opera	13 Feb	2pm-4pm	27	
Visions of Utopia	30 Oct	10am-12noon	13	

If you are a renewing member you will have already received a blue lanyard and name badge. Your name badge will not be renewed unless lost so please do not discard. New members will receive a lanyard and name badge with other welcoming material soon after joining.

**Please Wear Your Lanyard and Name Badge  
to U3A Castlemaine Classes and Events.**

This helps to break the ice when meeting new people, and to remember names!

Courses by Day				
Thursday	Start	Time	Page	Enrol? ✓
After Dark Social Group	28 Feb	5.30pm-8.30pm	17	
Allies and Foes	14 Mar	2pm-3.30pm	7	
Australian History	7 Feb	1.30pm-3.30pm	7	
Chess	7 Feb	1.30pm-3.30pm	18	
Come Cook and Dine with Me	14 Mar	10am-3pm	19	
E-Bikes and Touring	7 Mar	10am-12noon	23	
Exploring the Third Age	21 Feb	1.30pm-3pm	12	
Italian Advanced Conversation	31 Jan	9.30am-11am	15	
Latin IV	14 Feb	10.30am-11.30am	16	
Mindfulness Meditation	31 Jan	10am-11am	20	
Non Book Club	18 Apr	3pm-4.30pm	10	
Photography and Digital Imaging	7 Feb	1.30pm-3.30pm	29	
Recorder Playing	31 Jan	11am-11.45am	26	
Scrabble for Fun	14 Feb	3pm-5pm	20	
Secret Men's Business	21 Feb	12noon-2pm	20	
Solo Whist	31 Jan	5pm-6.30pm	20	
Talk About Trees	14 Feb	4pm-5pm	25	
The Causes of World War 1 and Australia's Role	6 Jne	10.am-11.30am	8	
The Coming to Power of Hitler and the Nazis	29 Aug	2pm-3.30pm	9	
The Human Journey	10 Oct	10am-11am	30	
Understanding Hoarding Behaviours	1 Aug	10am-12noon	11	
Who Wrote Shakespeare?	7 Feb	1.30pm-3pm	11	
Wine Appreciation	7 Feb	7.30pm-9.30pm	22	

### **Emergency contact Information**

It is essential that you have an emergency contact, and that the person is recorded on your Membership form.

You will not be able to join online without entering an emergency contact, and we will not be able to register you online without one if you submit a paper Membership form (rather than joining online).

**It is also very important that you write the details of your emergency contact on the back of your name badge.** This is necessary so that we know who to contact if you become ill or have an accident while attending a U3A Castlemaine class or event.

<b>Courses by Day</b>				
<b>Friday</b>	<b>Start</b>	<b>Time</b>	<b>Page</b>	
Coffee, Cake and Conversation	15 Feb	2pm-4pm	19	
English Literature	8 Feb	10am-12noon	10	
Fabulous Friday Flicks	15 Feb	9.30am-12.30pm	28	
Fun and Games	8 Feb	10am-12noon	19	
Guitar Playing 1	1 Feb	2pm-2.45pm	25	
Guitar Playing 2	1 Feb	4pm-4.45pm	25	
Issues of Concern	22 Feb	1.30pm-3.30pm	29	
Italian Level 1.5	8 Feb	10am-11am	15	
Peace Education Program	26 Apr	10am-11am	12	
Peace Education Program 2	11 Oct	10am-11am	13	
Pétanque	5 Apr	2pm-4pm	24	
The Aberfan Disaster 1966, South Wales	17 May	1pm-2.30pm	8	
The Gardeners Apprentice	15 Feb	10am-11am	25	
Playing Ukulele 1	1 Feb	1pm-1.45pm	26	
Playing Ukulele 2	1 Feb	3pm-3.45pm	26	
Warm Water Exercise for Arthritis	1 Feb	11am-1.30pm	21	
Requiem...and then	1 Feb	1.30pm-3.30pm	26	
<b>Monday to Friday</b>	<b>Start</b>	<b>Time</b>	<b>Page</b>	
La Trobe University Bendigo Campus	March	Various	6	
<b>Saturday</b>	<b>Start</b>	<b>Time</b>	<b>Page</b>	
Solos Group	16 Feb	12.30pm-2.30pm	20	

**As is our custom no classes will be held during the  
Castlemaine State Festival, 22<sup>nd</sup> to 31st March**

## U3A Castlemaine 2019 Dates

Membership registration for 2019 will be open online from Tuesday 27 November.

Course selection and enrolment Day -

at Uniting Church Hall - **9am to 12noon Tuesday 15 January**

Course enrolments will be open online and at the Uniting Church from  
**9am Tuesday 15 January.**

- **Extreme Heat arrangements** – if the forecast temperature at 8pm on Monday 14 for Tuesday 15 January is 38° or over, we will be at the Uniting Church Hall on Wednesday 16 January at 9am instead of Tuesday morning.

**ENROLLING IN COURSES ON LINE IS THE QUICKEST AND MOST EFFECTIVE WAY TO OBTAIN A PLACE IN YOUR CHOICE OF COURSES.**

January Office Opening Hours –

Wednesday 16, Thursday 17, and Friday 18 from 9.30am-11.30am

In case of extreme heat on the above days the office will be open instead on Monday 21 and Tuesday 22, 9.30am -11.30am

Course Leaders Information Session –

**Monday 21 January 9am to 11am** at Church of Christ, Blakely Road Castlemaine

Coffee Morning – Friday 1 February at 10am at Church of Christ as above

Then first Friday of the month until, and including December.

## OFFICIAL HOLIDAYS 2019

### SCHOOL TERMS

Term 1	29 January	to	5 April
Term 2	23 April	to	28 June
Term 3	15 July	to	20 September
Term 4	7 October	to	20 December

Summer 2019/20 School Holidays: 21 December 2019 to 27 January 2020

### PUBLIC HOLIDAYS

New Year's Day	Tuesday 1 January
Australia Day Holiday	Monday 28 January
Labour Day	Monday 11 March
Good Friday	Friday 19 April
Easter Saturday	Saturday 20 April
Easter Sunday	Sunday 21 April
Easter Monday	Monday 22 April
ANZAC Day	Thursday 25 April
Queen's Birthday	Monday 10 June
AFL Grand Final Holiday	TBA
Melbourne Cup	Tuesday 5 November
Christmas Day	Wednesday 25 December
Boxing Day	Thursday 26 December

**Daylight Saving 2020:** Ends Sunday 7 April and Starts Sunday 6 October

## Frequent questions about U3A

<b>Is U3A Castlemaine a University?</b>	No. It is a place where older people are encouraged to share and learn about things of mutual interest.
<b>How old must I be to join?</b>	There is no age restriction, but you need to be retired or semi-retired.
<b>Do I need qualifications to join?</b>	No.
<b>How much does it cost to join?</b>	The annual subscription is \$60.
<b>Is there a charge for attending classes?</b>	Generally, no. A few classes have a small fee to cover rent or materials used.
<b>How many classes can I attend?</b>	<b>As many, or as few, as you wish – however, please consider your time commitments and the limited numbers for many courses when making your selections.</b>
<b>When are the activities held?</b>	Most activities are held during the day on Mondays to Fridays.
<b>Are classes held in school holidays?</b>	Some classes continue, others are cancelled.
<b>How often do class groups meet?</b>	The Course Leader decides this. Some meet once a month, others on alternate week days of the month and others weekly. There are some 'once off' and short-term activities.
<b>Who are the course leaders?</b>	Some are members with special interests or knowledge from their previous work experience, or from hobbies or recreation. Others lead groups because they enjoy the challenge of learning and sharing with others. Yet others act as 'convenors' using the knowledge and skills available from members of the group.
<b>How do I find out about the courses and activities?</b>	A prospectus outlining the courses that are to run for the term, semester, or year is issued in December and available from the U3A Castlemaine office, the Visitor Information Centre in the Market building, and the Community Information Centre in the Faulder Watson Hall. Thereafter, new classes and activities are advertised in our monthly newsletter, <i>Third Thoughts</i> .
<b>How do I join a class or group?</b>	Visit our website <a href="http://www.u3acastlemaine.com">www.u3acastlemaine.com</a> and select MyU3A login. Then follow the instructions to become a member and enrol in courses or activities. Course Selection days are held in conjunction with Membership Subscription Enrolments in mid-January.
<b>Who runs U3A Castlemaine?</b>	A Committee of six elected Office Bearers and five elected members. Class representatives are encouraged to attend Committee meetings.
<b>Who are class representatives?</b>	A class member is asked to be the class representative. Their role is to assist the course leader by ensuring the class roll is signed, collect class fee if applicable and generally assist the course leader in the smooth running of the classes.

**U3A Castlemaine acknowledges with thanks  
the ongoing support of our community partners**



**Castlemaine District  
Community Health**



**Castlemaine District Uniting Church**



**Castlemaine Mail**





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